

# PROJECT NICU

Virtual Support Groups

Join us for sharing & peer support, in a safe space.  
Open to all NICU families, past and present.  
Hosted virtually by veteran NICU parents.

*April*

**Wednesday 3rd - 6:30 pm** *NICU Dads Chat*

**Thursday 4th - 6:30 pm** *Survivors of PreE & HELLP*

**Tuesday 9th - 6:30 pm**

**Monday 15th - 5:00 pm** *NICU Grandparents*

**Wednesday 17th - 6:30 pm** *NICU Dads Chat*

**Thursday 18th - 6:30 pm** *NICU Parents of Color*

**Tuesday 23rd - 6:30 pm**

**Thursday 25th - 6:30 pm** *NICU Parents of Multiples*

**Monday 29th - 6:30 pm** *NICU Parents in The First Year*



SCAN  
ME



\*Register to receive private ZOOM  
link at [www.ProjectNICU.com/vsg](http://www.ProjectNICU.com/vsg)

*You are not alone.*